



SYSTEMS LEADERSHIP: trust building

# HONING YOUR EMOTIONAL INTELLIGENCE

Great leaders move their teams by igniting passion and inspiring success. Honing Your Emotional Intelligence acknowledges and explains the complex mix of social and interpersonal behaviors that incorporate intuition, character, integrity, motivation, communication ability, and relationship skills. This class includes a self-assessment to measure participants' strengths and areas for improvement in emotional intelligence and practical situational exercises.

## Objectives:

By the end of this workshop, participants will be able to:

- Recognize Emotional Intelligence and understand why it matters
- Identify core competencies of Emotional Intelligence
- Apply core competencies in workplace situations
- Identify steps to improve your Emotional Intelligence

