

Pandemic Self-Check Guidance for LOCAL GOVERNMENT EMPLOYEES

The 2020 COVID-19 pandemic affects all aspects of local government departments, services, & employees. One **key action** that each employee can take is to perform a **self-check** of his/her health each day.

The US Centers for Disease Control (CDC) & World Health Organization (WHO) have the following guidance for all employees:



Have These Symptoms?
STAY HOME!

Daily Self-Check

<input type="checkbox"/>		FEVER
<input type="checkbox"/>		COUGH
<input type="checkbox"/>		SHORTNESS OF BREATH
<input type="checkbox"/>		RUNNY NOSE

Seek Medical Advice If You Develop These Symptoms AND



You have been in close contact with a person known to have COVID-19



You live in or have recently traveled from an area with an ongoing spread of COVID-19



Call ahead before going to a doctor's office or emergency room. Tell them about your recent travel/symptoms

CALL BEFORE YOU GO



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